



NICHOLAS S. NOSEK, PT & MARY J. NOSEK, PT
100% Physical Therapist Owned and Operated.

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NOSEK & ASSOCIATES

PHYSICAL THERAPY

26941 Cabot Road, Suite 125 • Laguna Hills, CA 92653

Patient _____

Diagnosis: _____

ICD-9 _____

Precautions/Comments: _____

PROCEDURES:

- Evaluate and treat
- Evaluate and call
- Continue treatment

- Joint mobilization
- Soft tissue mobilization
- Therapeutic exercise
- Stabilization
- Balance and proprioception
- Gait training
- Postural awareness
- Body mechanics

MODALITIES/PROGRAMS:

- Electrical stimulation
- Ultrasound
- Cryotherapy
- Moist heat
- Iontophoresis
- Paraffin
- _____ Stabilization program
- _____ Protocol

Frequency _____ times/week for _____ weeks

Signature _____

Date _____

